



**From the Heart of the Rabbis  
Teachings and Instructions to**

**Live By**

**Rabbin D'vorah Eliana Brandt**

**Oh How I Love Your Torah**



Psa 119:97 **Mem.** Oh how I love your law! It is my meditation all the day.

Psa 119:98 Your commandment makes me wiser than my enemies, for it is ever with me.

Psa 119:99 I have more understanding than all my teachers, for your testimonies are my meditation.

Psa 119:100 I understand more than the aged, for I keep your precepts.

Psa 119:101 I hold back my feet from every evil way, in order to keep your word.

Psa 119:102 I do not turn aside from your rules, for you have taught me.

Psa 119:103 How sweet are your words to my taste, sweeter than honey to my mouth!

Psa 119:104 Through your precepts I get understanding; therefore I hate every false way. (ESV)

Psa 119:97 מה־אהבתי תורתך כל־היום היא שיחתי:

Psa 119:98 מאיבי תחכמני מצותך כי לעולם היא־ לי:

Psa 119:99 מכל־מלמדי השכלתי כי עדותיך שיחה לי:

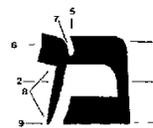
Psa 119:100 מזקנים אתבונן כי פקודיך נצרת־ לי:

Psa 119:101 מכל־ארח רע כלאתי רגלי למען אשמר דברך:

Psa 119:102 מממשפטיך לא־סרתי כי־אתה הורתני:

Psa 119:103 מה־נמלצו לחכי אמרתך מדבש לפי:

Psa 119:104 מפקודיך אתבונן על־כן שנאתי כל־ארח שקר:



**MEM MEANS WATER**

**Some of the Mem Words in Psalm 119:97-104**

When Mem is in the beginning it is the prefix “From” each of the first words in vs. 97-104 this section begin with the Mem.

**Vs 97 H4100**

מה / מה / מה / מה / מה

mâh / mah / mâ / ma / meh

**BDB Definition:**

1) what, how, of what kind (interrogative pronoun)

1a) (interrogative)

1a1) what?

1a2) of what kind

1a3) what? (rhetorical)

1a4) whatsoever, whatever, what

1b) (adverb)

1b1) how, how now

1b2) why

1b3) how! (exclamation)

- 1c) (with preposition)
  - 1c1) wherein?, whereby?, wherewith?, by what means?
  - 1c2) because of what?
  - 1c3) the like of what?
    - 1c3a) how much?, how many?, how often?
    - 1c3b) for how long?
  - 1c4) for what reason?, why?, to what purpose?
  - 1c5) until when?, how long?, upon what?, wherefore?

2) anything, aught, what may (indefinite pronoun)

**Part of Speech:** see above in Definition

**A Related Word by BDB/Strong's Number:** a primitive particle

**Same Word by TWOT Number:** 1149

### Vs 99 H3605

כול / כול

kôl / kôl

**BDB Definition:**

- 1) all, the whole
  - 1a) all, the whole of
  - 1b) any, each, every, anything
  - 1c) totality, everything

**Part of Speech:** noun masculine

**A Related Word by BDB/Strong's Number:** from [H3634](#)

**Same Word by TWOT Number:** 985a

### Vs 102 H4941

משפט

mishpât

**BDB Definition:**

- 1) judgment, justice, ordinance
  - 1a) judgment
    - 1a1) act of deciding a case
    - 1a2) place, court, seat of judgment
    - 1a3) process, procedure, litigation (before judges)
    - 1a4) case, cause (presented for judgment)
    - 1a5) sentence, decision (of judgment)
    - 1a6) execution (of judgment)
    - 1a7) time (of judgment)

1b) justice, right, rectitude (attributes of God or man)

1c) ordinance

1d) decision (in law)

1e) right, privilege, due (legal)

1f) proper, fitting, measure, fitness, custom, manner, plan

**Part of Speech:** noun masculine

**A Related Word by BDB/Strong's Number:** from [H8199](#)

**Same Word by TWOT Number:** 2443c

### The Cleansing Power of THE WORD Yeshua

**Eph 5:25** As for husbands, love your wives, **just as the Messiah loved the Messianic Community**, indeed, gave himself up on its behalf,

Eph 5:26 in order to set it apart for God, making it clean **through immersion in the mikveh**, so to speak,

Eph 5:27 in order to present the Messianic Community to himself as a bride to be proud of, without a spot, wrinkle or any such thing, but holy and without defect. (CJB)

### I will mediate on your Statutes

Psa 119:48 I will lift up my hands toward your commandments, which I love, and I will meditate on your statutes. ESV

### I Love your Torah

Psa 119:113 **Samekh.** I hate the double-minded, but I love your law. ESV

### I love your Torah more than gold ie. riches

Psa 119:127 Therefore I love your commandments above gold, above fine gold. ESV

### I Love your Precepts

Psa 119:159 Consider how I love your precepts! Give me life according to your steadfast love. ESV

## **I have Great Shalom because I love your Torah and I will not stumble**

Psa 119:165 Great peace have those who love your law; nothing can make them stumble. ESV

## **I love your Torah exceedingly**

Psa 119:167 My soul keeps your testimonies; I love them exceedingly. ESV

## **My delight is in your Torah in is in my thoughts day and night.**

Psa 1:2 but his delight is in the law of the LORD, and on his law he meditates day and night. ESV

## **Your Torah is in my heart, on my lips, in my mind and in my Home.**

Deu 6:6 And these words that I command you today shall be on your heart.

Deu 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Deu 6:8 You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes.

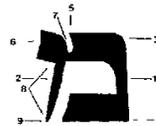
Deu 6:9 You shall write them on the doorposts of your house and on your gates. ESV

## **Obedience to Your Torah brings Blessings**

Jos 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. ESV

## **Your Torah gives me Wisdom in all areas of my life.**

Pro 2:10 for wisdom will come into your heart, and knowledge will be pleasant to your soul; ESV



**The Mem**

The letter mem is the thirteenth letter of the alef-beis. Gematria is 40.

There are two forms of the mem: the open mem and the closed mem. As the Talmud explains, **the open mem represents the revealed Torah and the closed mem represents the Torah's secrets.**

## **Gematria**

The gematria of mem is forty. Forty is the number of days it rained upon the earth during the Flood.

Forty is also the number of days Moses spent on Mount Sinai. Moses actually ascended the mountain three separate times.

## **FORTY DAYS IN SCRIPTURE**

There are eight of such great periods on the surface of the Bible:

- Forty days Moses was in the mount, Exo 24:18; and to receive the Law, Exo 24:18.
- Forty days Moses was in the mount after the sin of the Golden Calf, Deut 9:18,25.
- Forty days of the spies, issuing in the penal sentence of the 40 years, Num 13:26, 14:34
- Forty days of Elijah in Horeb, 1 Kings 19:8.
- Forty days of Jonah and Nineveh, Jonah 3:4.
- Forty days Ezekiel lay on his right side to symbolize the 40 years of Judah's transgression
- Forty days Yeshua was tempted of the Devil, Matt 4:2.
- Forty days Yeshua was seen of His disciples, speaking of the things pertaining to the kingdom of God, Acts 1:2. (E. W. Bullinger Numbers in Scripture)

There are 15 such periods (40 years) which appear on the surface of the Scriptures, and which may be thus classified:

- Forty Years of Probation by Trial: Israel in the wilderness, Deut 8:2-5; Psa 95:10; Acts 13:18 (the third 40 of Moses' life, 120 years). Israel from the crucifixion to the destruction of Jerusalem.
- Forty Years of Probation by Prosperity in Deliverance and Rest: under Othniel, Judg 3:11, under Barak, Judg 5:31, under Gideon, Judg 8:28
- Forty Years of Probation by Prosperity in Enlarged Dominion: under David, 2 Sam 5:4, under Solomon, 1 Kings 11:42, under Jeroboam II. See 2 Kings 12:17,18, 13:3,5,7,22,25, 14:12-14,23,28, under Jehoash, 2 Kings 12:1, under Joash, 2 Chron 24:1.
- Forty Years of Probation by Humiliation and Servitude: Israel under the Philistines, Judg 13:1. Israel in the time of Eli, 1 Sam 4:18. Israel under Saul, Acts 13:21.
- Forty Years of Probation by Waiting: Moses in Egypt, Acts 7:23. Moses in Midian, Acts 7:30 (E.W. Bullinger Numbers in Scripture)

### **Yeshua Spent 40 Days in the Wilderness**

Mat\_4:2 And when he had fasted forty days and forty nights, he was afterward an hungered.

Mar\_1:13 And he was there in the wilderness forty days, tempted of Satan; and was with the wild beasts; and the angels ministered unto him.

Luk\_4:2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered.

Act\_1:3 To whom also he shewed himself alive after his passion by many infallible proofs, being seen of them forty days, and speaking of the things pertaining to the kingdom of God:

### **Meaning**

**The word mem stands for mayim, which means water.** Water constitutes a vital element in our lives: a human being is largely composed of water and the majority of the earth is covered with it.

Torah, the most vital element in our spiritual lives, is referred to as water, as it states: "Ein mayim ela Torah —There is no water but Torah." As the Prophet tells us, "He who is thirsty shall go and drink water," meaning that a Jew's thirst for spirituality will never be sated by looking to other cultures or religions. The only thing that will quench one's thirst is water, which is Torah ( Rabbi Aaron L. Raskin )

### **John/Yochanan 4:10-15**

Joh 4:10 Jesus/Yeshua answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

Joh 4:11 The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water?"

Joh 4:13 Jesus said to her, "Everyone who drinks of this water will be thirsty again,

Joh 4:14 but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life."

Joh 4:15 The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water." ESV

### **John/Yochanan 7:37-38**

Joh 7:37 Now on the last day of the festival, Hoshana Rabbah, Yeshua stood and cried out, "If anyone is thirsty, let him keep coming to me and drinking!"

**Joh 7:38** Whoever puts his trust in me, as the Scripture says, rivers of living water will flow from his inmost being!" (CJB)

### **Revelation 22:17**

**Rev 22:17** The Spirit and the Bride say, 'Come!' Let anyone who hears say, 'Come!' And let anyone who is thirsty come—let anyone who wishes, take the water of life free of charge." (CJB)