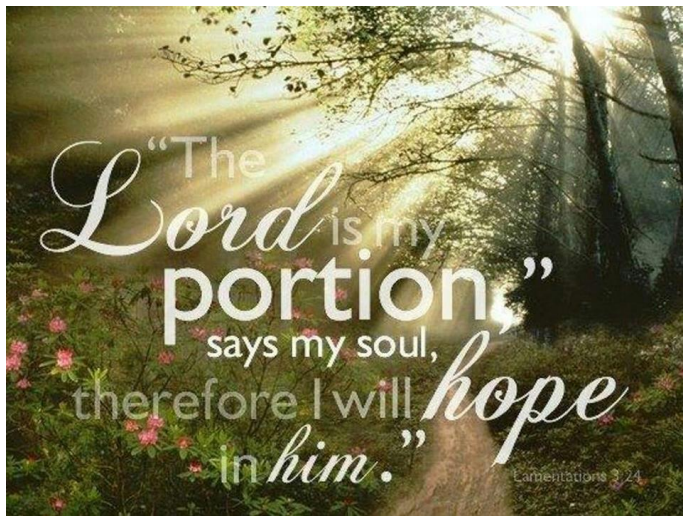




From The Heart of the Rabbis Teachings and Instructions to Live By

Rabbin D'vorah Eliana Brandt
The Lord Is My Portion



Psa 119:57 Heth. The LORD is my portion; I promise to keep your words.

Psa 119:58 I entreat your favor with all my heart; be gracious to me according to your promise.

Psa 119:59 When I think on my ways, I turn my feet to your testimonies;

Psa 119:60 I hasten and do not delay to keep your commandments.

Psa 119:61 Though the cords of the wicked ensnare me, I do not forget your law.

Psa 119:62 At midnight I rise to praise you, because of your righteous rules.

Psa 119:63 I am a companion of all who fear you, of those who keep your precepts.

Psa 119:64 The earth, O LORD, is full of your steadfast love; teach me your statutes!

Psa 119:57 חלקי יהוה אמרתי לשמר דבריך :

Psa 119:58 חליתי פניך בכל-לב חנני כאמרתך :

Psa 119:59 חשבתי דרכי ואשיבה רגלי אל-
: עדתיך :

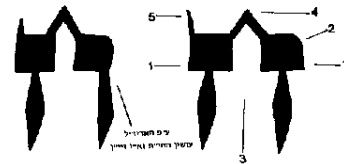
Psa 119:60 חשתי ולא התמהמהתי לשמר
: מצותיך :

Psa 119:61 חבלי רשעים עורני תורתך לא
: שכחתי :

Psa 119:62 חצות-לילה אקום להודות לך על
: משפטי צדקך :

Psa 119:63 חבר אני לכל-אשר יראוך ולשמרי
: פקודיך :

Psa 119:64 חסדך יהוה מלאה הארץ חקך
: למדני :



The Wisdom of The Hebrew Alpha Bet – Rabbi Munk

The First Hebrew letter for this portion of the Psalm is Chet.

Chet – The symbol of Transcendence, Divine Grace and Life

Picture- Fence

Means – Fence, Divided, to Reveal

Going beyond seven the number eight (8) symbolizes man's ability to transcend the limitations of physical existence. Thus with a gematria of 8 "Chet" or "Ches" stand for that which is on a plane above nature, i.e. the Divine- The study of Torah and the practice of the commandments are the ways by which Israel can strive to exalt human spirituality towards the realm above the natural.

It is through prayer that man transcends the limitations of physical existence.

The Number 8 is involved in various aspects of the Temple Service.

#1-The 8 holy vestments of the High Priests- Exodus 28 (Eph. 6:10-18)

#2.The 8 varieties of spices for the oil of ointment –

#3. The 8 poles for carrying the vessels in the sanctuary. 2 each for the Ark, Table, Golden Alter, Copper Alter

#4. The 8 musical instruments accompanying the Psalms of the Levites during the Service, 7 Instruments and the Choir make 8

#5- From the 8th day (after their birth) onwards animals could be offered as sacrifices in the Temple- Lev. 22:27

#6. Besides the Temple Service, the number 8 figures in many other precepts.

Milah- circumcision

The 8 threads of the Tzit Tzit

Shmini Atzera

The 8th festival day following Succot

The sequence of the letters of the Holy Tongue teach.

Aleph-Bet- If you learn Torah and

Gimmel-Dalet- Are kind to the poor,

Hey-Vav- Then God

Zayin- will not only sustain you, as He does all creatures, but

Chet- He will endow you with grace

Key Word- **“Portion” – Chalaq** – first letter is a Chet – means to apportion or separate

Sincere desires for God’s favor, penitence and activity in a new obedience truly evidence the sincerity of those who profess to find God a portion

Num 18:20 Adonai said to Aaron, “You will have no inheritance in their land nor share among them. I am your portion and your share among Bnei-Yisrael.

Psa 16:5 Adonai is my portion and my cup. You cast my lot.

Lamentations 3:24

Lam 3:24 “Adonai is my portion,” says my soul, “therefore I will hope in Him.”

The Chet Words of Psalm 119:57-64

חֵלֶק **H2506**

chêleq

BDB Definition:

1) portion, share, part, territory

1a) portion, share

1b) portion, tract, parcel (of land)

1c) one’s portion, one’s possession

1d) (chosen) portion

1e) portion, award (from God)

חֵלִית **H2470**

châlâh

BDB Definition:

1) to be or become weak, be or become sick, be or become diseased, be or become grieved, be or become sorry

חֶשְׁבֹתִי **2803**

châshab

BDB Definition:

1) to think, plan, esteem, calculate, invent, make a judgment, imagine, count

חֶשֶׁשׁ **H2363**

chûsh

BDB Definition:

1) to haste, make haste, hurry

חֶבֶל **H2256**

chebel / chêbel

BDB Definition:

1) a cord, rope, territory, band, company

1a) a rope, cord

1b) a measuring-cord or line

1c) a measured portion, lot, part, region

- 1d) a band or company
- 2) pain, sorrow, travail, pang
- 2a) pains of travail
- 2b) pains, pangs, sorrows

חצות H2676

châtsôth

BDB Definition:

- 1) middle, mid-, half, division

חבר H2270

châbêr

BDB Definition:

- 1) united (adjective)
- 2) associate, fellow, worshippers (noun masculine)
- 3) companion (noun masculine)

חסד H2617

chêsêd

BDB Definition:

- 1) goodness, kindness, faithfulness
- 2) a reproach, shame

The Art scroll Tehillim

Vs. 57 – **“My Portion is HaShem”**- Though others spend their lives in pursuit of physical pleasure, I have chosen HaShem/YHVH and His Torah as my lot in life.

Vs. 59 – **“I considered My Ways”** – My decision to follow the Torah way was based upon a reasoned evaluation of the various possible ways of life. An objective analyst must admit the superiority of the Torah way of life.

David also asserts here that he constantly re-evaluates his ways to ensure that he has not veered off course and to make correctional maneuvers if necessary.

Is He asking us today to consider our ways?

Have We Considered Our Ways?

(All Verses TLV Bible)

Deu 5:30 You are to walk in all the way that Adonai your God has commanded you, so that you may live and it may be well with you and you may prolong your days in the land that you will possess.

Psa 25:4 Show me Your ways, Adonai. Teach me Your paths.

Psa 25:5 Guide me in Your truth, and teach me, for You are God, my salvation, for You I wait all day.

Deu 8:6 So you are to keep the mitzvot of Adonai your God—to walk in His ways and to fear Him.

Pro 5:21 For a man’s ways are before the eyes of Adonai, and He observes all his paths.

Deu 10:12 “So now, O Israel, what does Adonai your God require of you, but to fear Adonai your God, to walk in all His ways and love Him, and to serve Adonai your God with all your heart and with all your soul,

Deu 10:13 to keep the mitzvot of Adonai and His statutes that I am commanding you today, for your own good?

Isa 55:7 Let the wicked forsake his way, and the unrighteous one his thoughts, let him return to Adonai, so He may have compassion on him, and to our God, for He will abundantly pardon.

Deu 11:22 “For if you will diligently keep all this - mitzvah that I am commanding you to do—to love Adonai your God, to walk in all His ways and to cling to Him—

Deu 11:23 then Adonai will drive out all these nations from before you, and you will dispossess nations greater and mightier than yourselves.

Isa 58:6 “Is not this the fast I choose: to release the bonds of wickedness, to untie the cords of the yoke, to let the oppressed go free, and to tear off every yoke?”

Isa 58:7 Is it not to share your bread with the hungry, to bring the homeless poor into your house? When you see the naked, to cover him, and not hide yourself from your own flesh and blood?

Isa 58:8 Then your light will break forth like the dawn, and your healing will spring up speedily. Your righteousness will go before you, the glory of Adonai as your rear guard.”

Joshua 22:5 Only be very careful to observe the mitzvah and the Torah which Moses the servant of Adonai commanded you, to love Adonai your God and walk in all His ways, and to keep His mitzvot, cling to Him and worship Him with all your heart and with all your soul.”

Daily we must consider our ways so that our feet stay on the path of righteousness and obedience.

From these verses we need to :

- Walk in the Way of Adonai
- Daily Ask Adonai for guidance
- Keep His Mitzvot
- Know He sees our ways
- Fear Adonai
- Love Adonai with all our Heart
- Diligently Keep His Mitzvot
- Serve Him
- Forsake anything that is contrary to His Word or Will for us.
- Cling to Him
- Fast with a pure heart
- Help the homeless
- Cover the naked
- Take care of Family – Spiritual and Household