



From The Heart of the Rabbis

Teachings and Instructions To Live By

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Your Word Is My Hope, My Rest, My Blessing

- Psa 119:49 **Zayin**. Remember your word to your servant, in which you have made me hope.
- Psa 119:50 This is my comfort in my affliction, that your promise gives me life.
- Psa 119:51 The insolent utterly deride me, but I do not turn away from your law.
- Psa 119:52 When I think of your rules from of old, I take comfort, O LORD.
- Psa 119:53 Hot indignation seizes me because of the wicked, who forsake your law.
- Psa 119:54 Your statutes have been my songs in the house of my sojourning.
- Psa 119:55 I remember your name in the night, O LORD, and keep your law.
- Psa 119:56 This blessing has fallen to me, that I have kept your precepts.



Zayin – The Symbol of Spirit, Sustenance and Struggle

The “Zayin” Words in Psalm 119

vs 49 Zakar **H2142**

זכר

zâkar

BDB Definition:

- 1) to remember, recall, call to mind

- 1a) (Qal) to remember, recall
 1b) (Niphal) to be brought to remembrance, be remembered, be thought of, be brought to mind

Vs 50 Zoth **H2063**

זאת

zô'th

BDB Definition:

- 1) this, this one, here, which, this...that, the one...the other, such

Vs 51 Zed **H2086**

זד

zêd

BDB Definition:

- 1) arrogant, proud, insolent, presumptuous
 1a) the arrogant ones (as noun collective plural)
 1b) presumptuous (as adjective)

Vs 53 Zal'aphah **H2152**

זלעפה / זלעפה

zal'âphâh / zil'âphâh

BDB Definition:

- 1) burning heat, raging heat

Vs 54 zamiyr **H2158**

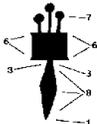
זמיר / זמר / זמרה

zâmîyr / zâmir / zemirâh

BDB Definition:

- 1) song, psalm

In this Psalm we see a contrast between those who love and keep Torah and the wicked who oppose and persecute the righteous and reject God's Torah/teachings and instructions. However, in the end the blessings fall on those who keep His Torah, including His Feasts and His Shabbat.



Zayin Ancient Symbol – Weapon

The numerical value of Zayin is 7. As such it denotes the Spiritual values that were the purpose of Creation. God created the universe in six days and rested on the seventh, as it were. In the words of Maharal, the physical world is represented by the number 6-but Creation was not finished until there was a seventh day, a day of rest from the mundane, a day of involvement with the Godly. The Sabbath remains the eternal reminder that the vast and mighty universe cannot endure unless it is continuously permeated by the spiritual aspects represented by the 7, which is symbolic of God's own essence.

- **Zayin stand not only for the spiritual purpose of the world's Creation and God's continuing guidance in all phases of Jewish life, but the letter Zayin conveys to man that the Omnipotent One will assure him success in his necessary endeavors for physical survival.**
- The Zayin may also be translated weapon. But it is not coincidence that the letter Zayin is the symbolic representative of both sustenance and armament. The two concepts are related to each other. The Zayin is shaped like a spear, indicating that man's sustenance is obtained by his struggle. Moreover, as R' Hirsch points out, the word bread, is cognate with war, for the struggle for daily bread sometimes causes man to struggle against his fellow man for his existence.

Psalm 119:49-Key Word

Remember – Hebrew Strong's #2142 – Zakar

- To Pierce, to impress (on the memory), to remember, to recollect, to mention, to record, to bring to remembrance, to declare, to recite, to proclaim, to commemorate.
- Sabbath-Rest from Struggle for Sustenance.

- The Sabbath counteracts the danger of being submerged in our earthly labor for livelihood, and defense. The commandment of the Sabbath reads "For six days you may labor and do all your work,. But the Seventh Day is the Sabbath for Hashem your God, on it you may do no work. Exodus 20:9
- Man's constant struggle to gain mastery over Creation and to control his environment prevails during the weekdays. But with the beginning of the Sabbath, Israel ceases working and rests, relying completely on the Divine Provider. By refraining from human creativity on the Sabbath and recognizing that man's power is derived from God, Israel pays solemn homage to the Creator. (Dayan Grunfield in The Sabbath)
- The word Sabbath comes from the Hebrew word "Shabbat" meaning "to cease" or "desist". The primary meaning is that of cessation from all work.

Messianic Significance of the Sabbath

The Sabbath reminds us that God created the World

- Genesis 1:1, 2:1-3
- Matthew 12:8

The Sabbath reminds us that Messiah/Christ delivered us from the penalty of sin via the execution stake and his triumph over death.

- Hebrews 4:10-16
- Acts 13:13-42

The Sabbath reminds us that God will make us holy, just as He made the Sabbath Holy.

- Isaiah 56:6-7
- Isaiah 58:13-14

The Sabbath reminds us that God will finish His work in our lives, just as He finished His work of creation and redemption

- 1 Cor. 1:30-31
- Philippians 1:6

The Sabbath reminds us that Yahweh is our Adonai/Lord

- Exodus 20:8-11

- There are 116 verses in the Bible about The Sabbath
- 61 in the Tenach
- 55 in the Brit HaDasha
- 0 Vs for Sunday

The Sabbath reminds us that we have rest in Messiah

- Matthew 11:28-30
- Revelation 14:13