

## **LIFE IS WHAT IT IS - ??**

### **“The need for change of direction”!**

I was sitting in the lounge room on a rainy afternoon looking out the window with the fog drifting in. In the distance I could see some Kangaroos enjoying their surroundings. They were eating, playing and resting without a worry in the world. They were living in the moment in want of nothing. I am sure if you could interview any of them and ask if they were happy, they would respond with a very positive yes.

This started me pondering on what makes us humans happy. We are vastly different “creatures” to the Kangaroos I was watching. Not only don’t we enjoy eating grass, but our requirements for happiness are far more complicated. For instance a person living in the more affluent areas of Melbourne, London, New York , or some similar environment would require different elements for happiness than a person living in country China, India, Vietnam or some similar environment. I ask where would the Kangaroo prefer to live and it would no doubt be in the country areas. We can learn much from the Kangaroo. For instance it can be the simple things in life that are available to the many which can and should make us happy.

The Kangaroo is happy with good food, shelter, peace and family. The Kangaroo only worries about each day, if he/she has the above on any given day then “happy days”. As humans we can become so caught up in chasing “rainbows” that we never take the time to appreciate the daily blessings that we often have. In saying this, it is not to deny the very real challenges many have in this present world. Yet I am sure for many of us who complain and feel unhappy we could do so much to change direction that would result in a positive outcome. I would assume most, if not all, who are reading this, have food enough to eat. I would assume the same goes for shelter. However your family situation and peace may not be at the same level as the mob of Kangaroos I was watching.

We live in a time where the attack on family is unprecedented. This brings upheaval disturbing the natural peace that comes with a strong cohesive family. The constant drive to serve self has opened us up to embracing behaviours and systems that break the family and take away our peace. Every day we are bombarded with the message, that it is the “external world” that makes us happy. A new car, a bigger house, more money,

greater status, losing weight, new clothes, etc. We are forever searching for an increase. Take some time to analysis the outcome of all this. This means a never ending drive to chase rainbows. It means no rest, no peace, and no satisfaction. This pursuit must end in disaster. We go into debt to satisfy our desires. We are living on credit, thus we are in fact living on borrowed time. I do not know of a Western country that is not in debt. The so-called most enlightened country in the world has a debt problem that has become so big, they have chosen to ignore it.

We have allowed others to take control of our lives. Our children are put into full time “child care”, often before they can talk or walk. No wonder they no longer listen to their parents, as their parents have forgone their authority to others. Education comes from the internet and other environments outside the family home. This just adds to the lie that contentment, happiness, peace and satisfaction are found in the external world.

Great change is needed! If we do not change the direction we are heading then we are heading for disaster. How do we change direction? We begin by taking back the ground we have given up and lost. The greatest ground we have given up and lost is our belief in the God of Israel. Unless we send out invitations to HaShem to come and dwell in our homes and lives, we have no hope of changing direction. No one wants to hear this truth, but that does not change the facts. Harsh as it may sound, we get what we deserve. The master you follow and serve will determine the rewards you receive. May I suggest that we consider following the One who is called: “Wonderful, Counselor, Mighty God, Everlasting Father, Prince of peace! After all it was He who created the Kangaroo.

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